

# TAKE <sup>the</sup> 2010 LAKE



Photographs by Mark Gilchrist  
A swimmer inches toward the finish beside his safety escort along the four-mile route of the swim Personal Endurance Challenge of Take the Lake this weekend. Participation over the three days was bolstered by hospitable Lake residents who served up water, snacks and cheer on their front lawns, and shared their homes with guests who joined in the fun and fitness. Times and other details are at [TaketheLake.org](http://TaketheLake.org).



Columbus County is a little healthier after hundreds of people completed the four Personal Endurance Challenges of



# TRAIN



# ACHIEVE



Take the Lake this weekend on and around Lake Waccamaw. Many trained for their challenges and can be proud of



# SUCCEEDED



their success, for they will take it with them and continue to achieve goals seemingly impossible. They will prove that



goals have handles on them and that they can be reached. And without even trying, they will inspire others to achieve.



# INSPIRE

