

2013 • Take the Lake X-TREME! • 2013

0:20:00
Minus 20 min.
For Swim
Transition

	SWIM				BIKE				KAYAK				WALK			TOTALS		
	OUT	IN	TIME	Trans	OUT	IN	TIME	Trans	OUT	IN	TIME	Trans	OUT	IN	TIME	EVENTS	TRANS	CUM.
SINGLES																		
Missy Anderson	0:00:00	2:05:40	2:05:40	0:55:18	3:00:58	4:12:19	1:11:21	0:09:41	4:22:00	8:27:00	4:05:00	0:11:32	8:38:32	11:07:37	2:29:05	9:51:06	1:16:31	10:47:37
Eric Brandt	0:00:00	3:33:10	3:33:10	0:22:47	3:55:57	5:25:58	1:30:01	0:10:02	5:36:00	9:37:13	4:01:13	-----	-----	-----	-----	-----	-----	-----
Mike Dalton	-----	-----	-----	-----	3:00:58	4:12:19	1:11:21	0:09:41	4:22:00	8:27:00	4:05:00	0:11:32	8:38:32	11:07:37	2:29:05	-----	-----	-----
Mark Gilchrist	6:47:00	10:18:00	3:31:00	0:29:00	10:47:00	12:21:00	1:34:00	0:24:00	12:45:00	15:39:00	2:54:00	0:21:00	16:00:00	20:11:00	4:11:00	12:10:00	1:14:00	13:04:00
Brett Gore	6:47:00	10:18:00	3:31:00	0:29:00	10:47:00	12:21:00	1:34:00	0:24:00	12:45:00	15:39:00	2:54:00	0:21:00	16:00:00	20:11:00	4:11:00	12:10:00	1:14:00	13:04:00
Lisa Hanna	-----	-----	-----	-----	3:00:00	4:40:25	1:40:25	0:13:13	4:53:38	8:33:10	3:39:32	0:22:57	8:56:07	12:52:23	3:56:16	-----	-----	-----
Don Hanna	0:00:00	2:37:40	2:37:40	0:22:20	3:00:00	4:40:25	1:40:25	0:13:13	4:53:38	8:37:00	3:43:22	0:55:56	9:32:56	12:35:57	3:03:01	11:04:28	1:31:29	12:15:57
Greer Inman	0:00:00	3:43:15	3:43:15	0:28:03	4:11:18	5:54:34	1:43:16	0:05:26	6:00:00	10:17:50	4:17:50	0:12:10	10:30:00	13:53:20	3:23:20	13:07:41	0:45:39	13:33:20
Grayson Inman	0:00:00	3:58:20	3:58:20	0:31:40	4:30:00	5:54:44	1:24:44	0:05:16	6:00:00	10:17:50	4:17:50	3:35:30	10:30:00	13:53:20	3:23:20	13:04:14	4:12:26	13:33:20
Joshua Jacobsen	0:00:00	3:33:00	3:33:00	0:25:22	3:58:22	5:43:00	1:44:38	0:14:00	5:57:00	9:48:22	3:51:22	0:14:08	10:02:30	14:12:13	4:09:43	13:18:43	0:53:30	13:52:13
Justin Lambert	0:00:00	2:49:20	2:49:20	0:27:40	3:17:00	4:41:00	1:24:00	0:06:00	4:47:00	8:09:53	3:22:53	0:02:12	8:12:05	11:24:50	3:12:45	10:48:58	0:35:52	11:04:50
Samantha Lane	0:00:00	3:16:10	3:16:10	0:53:50	4:10:00	5:57:20	1:47:20	0:19:40	6:17:00	10:32:00	4:15:00	0:15:20	10:47:20	14:46:00	3:58:40	13:17:10	1:28:50	14:26:00
Dana Mauldin	0:00:00	2:50:05	2:50:05	0:13:55	3:04:00	4:25:00	1:21:00	0:10:00	4:35:00	8:23:20	3:48:20	0:10:38	8:33:58	12:27:35	3:53:37	11:53:02	0:34:33	12:07:35
Thomas Mintz	0:00:00	2:58:25	2:58:25	0:19:35	3:18:00	4:33:36	1:15:36	0:05:24	4:39:00	7:37:40	2:58:40	0:04:20	7:42:00	10:23:09	2:41:09	9:53:50	0:29:19	10:03:09
Jan Palmer	0:00:00	3:16:50	3:16:50	0:13:10	3:30:00	5:54:01	2:24:01	0:03:59	5:58:00	10:18:15	4:20:15	0:13:45	10:32:00	15:32:00	5:00:00	15:01:06	0:30:54	15:12:00
Walter Palmer	0:00:00	3:14:55	3:14:55	0:15:05	3:30:00	5:43:00	2:13:00	0:15:00	5:58:00	10:14:42	4:16:42	0:17:18	10:32:00	15:32:00	5:00:00	14:44:37	0:47:23	15:12:00
Coburn Powell	0:00:00	3:29:00	3:29:00	0:17:21	3:46:21	5:01:33	1:15:12	0:17:07	5:18:40	9:15:00	3:56:20	0:17:33	9:32:33	13:14:00	3:41:27	12:21:59	0:52:01	12:54:00
Chet Sechrest	0:00:00	3:23:25	3:23:25	0:24:58	3:48:23	5:15:36	1:27:13	0:04:34	5:20:10	10:10:41	4:50:31	0:08:37	10:19:18	14:15:48	3:56:30	13:37:39	0:38:09	13:55:48
Nick Toffolon	-----	-----	-----	-----	3:00:00	4:40:25	1:40:25	0:13:13	4:53:38	8:32:58	3:39:20	0:10:02	8:43:00	11:37:21	2:54:21	-----	-----	-----
Chad Yarbrough	0:00:00	2:37:40	2:37:40	0:19:20	2:57:00	4:09:14	1:12:14	0:06:46	4:16:00	8:16:14	4:00:14	0:09:58	8:26:12	11:35:52	3:09:40	10:59:48	0:36:04	11:15:52
AVERAGE		3:16:27	0:24:34		1:34:53	0:11:36			3:51:10	0:26:53			3:40:49			12:30:13	1:05:36	13:02:16
BEST		2:05:40	0:13:10		1:11:21	0:03:59			2:58:00	0:02:12			2:29:00			9:51:06	0:29:19	10:03:09
		Missy Anderson			Missy Anderson				Thomas Mintz				Mike Dalton			Missy Anderson	Thomas Mintz	Thomas Mintz
TEAMS																		
LKW Wrecking Crew	0:00:00	2:49:05	2:49:05		1:31:00	2:55:16	1:24:16		1:31:00	5:59:00	4:28:00		1:31:00	4:01:25	2:30:25	11:11:46		
Old Chub	0:00:00	2:02:30	2:02:30		1:31:00	2:32:53	1:01:53		1:31:00	4:21:21	2:50:21		1:31:00	3:28:05	1:57:05	7:51:49		
Original Lake Boys	0:00:00	3:38:45	3:38:45		1:31:00	3:24:09	1:53:09		1:31:00	4:45:10	3:14:10		0:44:21	3:02:26	2:18:05	11:04:09		
RAM-page	0:00:00	2:48:10	2:48:10		1:31:00	3:22:44	1:51:44		1:31:00	6:00:15	4:29:15		1:31:00	4:28:21	2:57:21	12:06:30		
RAM-pancy	0:00:00	4:29:19	4:29:19		1:31:00	3:16:45	1:45:45		1:31:00	5:42:45	4:11:45		1:31:00	4:16:13	2:45:13	13:12:02		
AVERAGE		3:09:33			1:35:21				3:50:42				2:29:37			11:05:15		
BEST		2:02:30			1:01:53				2:50:21				1:57:05			7:51:49		
		Old Chub			Old Chub				Old Chub				Old Chub			Old Chub		

NOTES: Gold solo names are first-year competitors. • Mark Gilchrist & Brett Gore competed Aug. 17 and their paddle time does not count for "Best" due to weather.